

# INFO-PACK



## 11.-18.12.2016

# NOS CULTURES À LA CARTE

Erasmus+ Youth Exchange



**WHERE?  
MARGUERITTES,  
FRANCE**

**WHY? TO  
DISCOVER  
EUROPEAN  
CULTURES  
THROUGH  
WORKSHOPS  
AND CUISINE**

**WHO?  
20 PARTICIPANTS  
COMING FROM 4  
SPAIN, GERMANY,  
CZECH REPUBLIC  
AND FRANCE**

## ORGANISERS

Maison de l'Europe de Nîmes

Dorian Agnel, European  
mobility project manager :

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CFA Marguerittes

## WHAT IS IT ABOUT?

Faced with global warming, food overproduction and the extremely important amount of waste of food, we are observing a rise of the common realization of the importance of the protection of our planet. Added to the problems of Junk food, we would like with this project to give the opportunity to the participants to exchange on this subject using non formal learning tools. They will also discover local farms.

The protection of our environment is an important topic of the European Union, and we would like to create an intercultural atmosphere in order to give a good experience to the participants while adding different points of view due to the particular context of every partner country.

Every visit, exchange and debate will give the opportunity to the participants to prepare a final presentation of the week during the "Maison de l'Europe de Nîmes" 50th anniversary. They will prepare everything by themselves.

Through our partnership with the City twinnign of Nîmes, we agreed on partnerships with organisations from different twins cities Frankfort/Oder, in Germany, Praha, in Czech Republic and a partner of the "Maison de l'Europe de Nîmes" from Las Palmas de Gran Canaria. All together, we decided to bring in this project 5 participants per country, and one youth leader per group. This make a total of 25 participating persons on this project. The idea is to have participants from different backgrounds, aged from 18 to 30 years old. We also plan to involve young people with fewer opportunities with cultural, geographical or financial obstacles.

The idea is, through this project, to give the opportunity to the participants to grow as a person, to learn about other cultures and countries, and to be more open minded and tolerant. The main objective is to encourage them to be more conscious on the importance on sustainable development and respect of our environment especially with agriculture and cooking.

This partnership will make us cooperate with partners with who we already work, as well as with new partners. This will give to all of us the opportunity to learn new non formal learning tools and way to promote and encourage citizenship involvement.

We believe that by this way, this project will have a real impact on the food consumption patterns of the participants.

## **PARTICIPANTS**

There will be 20 participants coming from four European countries: France, Germany, Spain and Czech Republic.

## **LOCATION AND ACCOMMODATION**

CFA Marguerittes is a school establishment located in a small village called Marguerittes close to the city of Nîmes. The Youth Exchange will take place in the CFA Marguerittes and the accommodation in Nîmes, at le residence "La ReINETTE".

## **PARTICIPATION FEE AND TRAVEL COSTS**

The Youth Exchange will cost 40 euros to the participants including accommodation, program and all the meals. The travel costs will be reimbursed up to:

Las Palmas: 270€

Prague: 170€

Frankfort/Oder: 170€

## **WORKING LANGUAGE**

The working language will be English and French, therefore the participants should have enough knowledge to understand and communicate in English, and the hosting organization will take care of the translation from French. However, some activities will include the possibility to learn and practice the French language and all languages from the participants.

## **HOW TO ARRIVE?**

The fastest and the most comfortable way is to arrive by plane. The closest international airport is Marseille Provence airport. From the airport you can take the shuttle bus (navette) to the train station Marseille Vitrolles, from which there is a direct connection to Nîmes by train.

To find your train connection, check SNCF: [www.voyage-sncf.com](http://www.voyage-sncf.com)  
Nîmes has also really good train connection with Paris, Lyon and Montpellier.

We advise you to check your connection to these airports:

*Bordeaux Mérignac*

*Paris (Charles de Gaulle, Beauvais)*

*Lyon Saint-Exupéry*

*Montpellier Méditerranée*



## PROGRAM

<b>Sunday 11th</b>	Arrival of participants
<b>Monday 12th</b>	Icebreaking, teambuilding, visiting the school, creating intercultural groups Taste Workshop, French evening
<b>Tuesday 13th</b>	Visiting local wheat farmer and pasta maker, intercultural exchange Cookery workshop, wine tasting
<b>Wednesday 14th</b>	Visiting local farmers, debate on ecology Presentation by Maison de l'Europe de Nîmes, intercultural evening

<b>Thursday 15th</b>	Visiting indoor market in Nîmes Information about Erasmus+ and Youthpass Cookery workshop
<b>Friday 16th</b>	Cookery contest Debate on European citizenship 50 <sup>th</sup> birthday of Maison de l'Europe de Nîmes
<b>Saturday 17th</b>	Olives and olive oil tasting Evaluation Farewell party
<b>Sunday 18th</b>	Departure

## THE ROLE OF THE PARTICIPANTS

- Active participating and sharing your ideas and culture is crucial. You will have to cook, but there is no need for previous experience.
- For the intercultural evening the participants are asked to bring some national specialties (food, sweets, drinks) to share with others

## HOW TO APPLY?

This project is open to young people who are living in one of these following countries: France, Germany, Spain or Czech Republic.

In order to apply, please send an email to the contact person from you sending country.

*France - Dorian Agnel : [d.agnel@maison-europe-nimes.eu](mailto:d.agnel@maison-europe-nimes.eu)*

*Spain – Javier Cosío : [javier@grancanariajoven.es](mailto:javier@grancanariajoven.es)*

*Germany / Czech Republic*